



# RHODE ISLAND WORLD DIABETES DAY

## DIABETES IN RI

- In 2020, 10.3% of RI adults reported a diagnosis of diabetes; that's 1 in 10 adults not including people who are undiagnosed.
- Even after adjusting for age, diabetes in RI has approximately doubled in the past generation (4.6% in 1995 compared to 9.0% in 2020).
- According to the CDC, 1 in 3 Americans have prediabetes but only 10% have been diagnosed. This means that about 294,000 Rhode Islanders have prediabetes, and most don't know it.
- Poverty and low income are associated with a variety of poor health outcomes. Rhode Islanders whose income is less than 200% of the federal poverty level have higher rates of diabetes (12.9%) compared to those whose income is greater than 400% of the federal poverty level (6.7%).
- Diabetes is expensive for all patients, no matter their insurance status. RI adults with diabetes report frequent financial strain. In fact, 11.5% of RI adults with diabetes worried about affording nutritious meals in the past year and 9.7% reported not seeing a provider. The COVID-19 pandemic likely caused more of a financial strain on RI's underserved residents.
- Black and Hispanic/Latinx adults report being diagnosed with diabetes at younger ages, meaning they are trying to care for their diabetes for more of their lives.
- Serious medical complications can result from diabetes, including heart disease, stroke, lower limb amputations, kidney disease, and blindness.

Data source:

1995-2020 RI Behavioral Risk  
Factor Surveillance System

## 2022 RHODE ISLAND WORLD DIABETES DAY

**Monday, November 14, 2022**

### MISSION

To positively impact the growing diabetes epidemic in the state by building a coalition of community members who work toward reducing the burden of prediabetes and diabetes in Rhode Island.

### HISTORY

Rhode Island World Diabetes Day (RIWDD) was launched through the Rhode Island Department of Health (RIDOH) in November 2012 to raise awareness about diabetes and its impact on the residents of Rhode Island. This event highlights the strong collaboration between the many community organizations, government officials, health partners, and community members who are committed to decreasing diabetes in Rhode Island.

Thanks, in part, to the generous support of our sponsors, the event has grown significantly each year. Due to its growing success, the RIWDD Board of Directors has been able to donate proceeds from the event to several charitable health organizations throughout the state. This year the RIWDD Board of Directors will donate proceeds to a non-profit organization that has demonstrated dedication to the promotion of health and wellness for people living with diabetes and/or the provision of quality medical care to uninsured, underinsured, or homeless individuals to treat and prevent diabetes and its complications.

### 2022 RHODE ISLAND WORLD DIABETES DAY WILL BE LIVE! RIWDD.ORG

The RIWDD Planning Committee has planned a morning of interesting, dynamic presentations for Monday, November 14, 2022, at the Crowne Plaza Hotel in Warwick, RI.





## SCHEDULE OF EVENTS:

8:00 – 11:45 AM - EXHIBIT HALL OPEN

9:00 AM – 9:15 AM – Kickoff presented by Barbara Morse, NBC10 anchor and Health Check reporter; Diabetes 2022 (presented by RIDOH leadership)

9:15 AM – 9:45 AM - Living with Diabetes by Ottis Anderson, Retired NFL Football player in partnership with Novo Nordisk

10:00AM – 11:30 AM – Breakout Rooms

Session 1 - CME Credits available

10:00 AM – 10:40 AM – Gestational Diabetes Tips for Patients presented by Niherika Mehta, MD

10:00 AM – 10:40 AM – The Diabetes Toolkit for Clinicians presented by Susan Oliverio, MD

10:00 AM – 10:40 AM – Type 1 Diabetes Information presented by Lisa Swartz Topor, MD

10:00 AM – 10:40 AM – Diabetes 101 presented by April Silvestro, RN, CDOE

Session 2 – CME credits available

10:45 AM – 11:25 AM – Gestational Diabetes Update for Clinicians presented by Niherika Mehta, MD

10:45 AM – 11:25 AM – Nutritional Cooking Demonstration presented by SNAP-Ed

10:45 AM – 11:25 AM – Diabetes Technology: Meters and Continuous Glucose Monitoring presented by Alex Gianfrancesco

10:45 AM – 11:25 AM – Diabetes and Pre-Diabetes Panel Discussion- Elaine Piasecki, RD, LDN, CDOE; Lori Mollo, Lifestyle and Health Coach; Nicarlis Medina, CHN Patient Navigator;

11:30 AM – 11:40 AM - “RIWDD Rhode to Wellness 2022 Challenge” Results by Jennifer Fine, RD, CDOE

11:40 AM – 11:50 AM - Grace Diaz Blue Light Award Presentation by Representative Grace Diaz

11:55 AM – 12:00 PM - Closing Remarks by RIWDD Co-Chairs; Deborah Newell, RPh, CDOE, CVDOE; Megan Fallon-Sheridan, MS, RD

## RHODE TO WELLNESS 2022 *Passport to Community Connections*

RIWDD will kick off our 3rd Annual Rhode to Wellness Challenge on October 2. This six-week challenge encourages all Rhode Islanders, not just those managing diabetes, to engage in healthy behaviors. Each year it has taken a different form, and this year we are excited to create a state-wide scavenger hunt! [RIWDD.ORG](http://RIWDD.ORG)

Participants will visit in person and virtual locations from a list broken down into four types of resources: Eat Better, Move More, Feel Good, and Learn More. Participants will record their destinations in their virtual or hard copy passport and will submit it to be entered into a raffle. The more activities completed, the more raffles the person will be entered into.

## GRACE DIAZ BLUE LIGHT AWARD

Each year we recognize an individual or organization that has positively impacted diabetes in the state of Rhode Island by awarding them the Grace Diaz Blue Light Award. The recipient of the award shows exceptional creative thinking, approach, passion, and commitment to supporting healthy living with diabetes. In keeping with the theme of World Diabetes Day 2022 (WDD), “Access to Diabetes Care”, this year’s Blue Light award will be presented to a Rhode Islander who has shown a commitment to providing access to diabetes care.

“ We have diabetes, it gets to come along  
with us, it doesn’t get to stop us. ”

– CHRIS OLSEN

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Monday, November 14, 2022



## SPONSORSHIP OPPORTUNITIES

Rhode Island World Diabetes Day welcomes the opportunity for you and your organization to be involved in this collaboration through the following sponsorship options:

### PLATINUM LEVEL \$5,000

- Recognition as a Platinum Sponsor on Rhode Island World Diabetes Day website (logo and hyperlink)
- Acknowledgment on World Diabetes Day event and Rhode to Wellness 2022 Challenge program marketing materials including informational collateral, program calendar and collateral, and agenda
- Verbal and displayed recognition during the day's LIVE event
- Recognition as the sponsor of a week-long lighting of the State House
- Recognition as the sponsor of The Grace Diaz Blue Light Award to be presented during the World Diabetes Day event

### GOLD LEVEL \$2,500

- Recognition as a Gold Sponsor on Rhode Island World Diabetes Day website (logo and hyperlink)
- Acknowledgment on World Diabetes Day event and Rhode to Wellness 2020 Challenge program marketing materials including informational collateral, program calendar and collateral, and agenda
- Verbal and displayed recognition during the day's LIVE event

### SILVER LEVEL \$1,250

- Recognition as a Silver Sponsor on Rhode Island World Diabetes Day website (logo)
- Acknowledgment on World Diabetes Day event marketing materials including informational collateral and event agenda
- Displayed recognition during the day's LIVE event

### BRONZE LEVEL \$1000

- Recognition as a Bronze Sponsor on Rhode Island World Diabetes Day website (logo)
- Displayed recognition during the day's LIVE event

### FRIENDS/PATRONS Any Amount

If you are interested in becoming a sponsor of this important event please complete the following form. For questions, please contact Deborah Newell at [info@riwdd.org](mailto:info@riwdd.org). Thanks for your interest and support!

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## SPONSORSHIP FORM

### Rhode Island World Diabetes Day 2022

#### SPONSORSHIP LEVEL:

Platinum \$5,000    Gold \$2,500    Silver \$1,250    Bronze \$1000    Friends/Patrons \$ \_\_\_\_\_

**CHECK PAYABLE TO:** Diabetes Education Partners of RI

**FEDERAL TAX ID:** 26-4543920

Company Name: \_\_\_\_\_

Company Address: \_\_\_\_\_

Contact Name: \_\_\_\_\_ Email address: \_\_\_\_\_ Cell phone: \_\_\_\_\_

#### PAYMENT METHOD

Please check appropriate box:  Check (made payable to Diabetes Education Partners)

VISA    MasterCard    Discover    American Express

Cardholder Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Card#: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ CVV \_\_\_\_\_ ZIP code \_\_\_\_\_

Please mail or fax completed registration form with payment to:

Diabetes Education Partners c/o Deborah Newell, P.O. Box 41590, Providence, RI 02940

Email to: [info@ridiabeteseducators.org](mailto:info@ridiabeteseducators.org) Fax to: (401) 633-6935