



RHODE ISLAND WORLD DIABETES DAY

DIABETES IN RI

- In 2018, 10.9% of RI adults reported a diagnosis of diabetes; that's 1 in 10 adults not including people who are undiagnosed.
- Even after adjusting for age, diabetes in RI has more than doubled in the past generation (4.6% in 1995 compared to 9.7% in 2018).
- According to the CDC, 1 in 3 Americans have prediabetes but only 10% have been diagnosed. This means that about 294,000 Rhode Islanders have prediabetes, and most don't know it.
- Poverty and low income are associated with a variety of poor health outcomes. Rhode Islanders whose income is less than 200% of the federal poverty level have higher rates of diabetes (11.4%) compared to those whose income is greater than 400% of the federal poverty level (5.9%).
- Diabetes is expensive for all patients, no matter their insurance status. RI adults with diabetes report frequent financial strain. In fact, 44.5% of RI adults with diabetes worried about affording nutritious meals in the past year. The COVID-19 pandemic is likely causing more of a financial strain on RI's underserved residents.
- Black and Hispanic/Latinx adults report being diagnosed with diabetes at younger ages, meaning they are trying to care for their diabetes for more of their lives.
- Serious medical complications can result from diabetes, including heart disease, stroke, lower limb amputations, kidney disease, and blindness.

Data source:

1995-2018 RI Behavioral Risk
Factor Surveillance System

2020 RHODE ISLAND WORLD DIABETES DAY

Saturday, November 14, 2020

MISSION

To positively impact the growing diabetes epidemic in the state by building a coalition of community members who work toward reducing the burden of prediabetes and diabetes in Rhode Island.

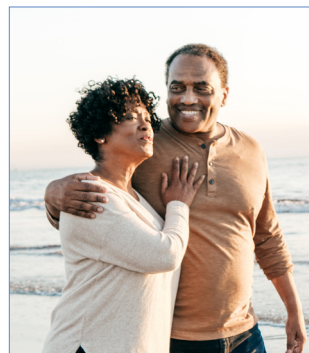
HISTORY

Rhode Island World Diabetes Day (RIWDD) was launched through the Rhode Island Department of Health (RIDOH) in November 2012 to raise awareness about diabetes and its impact on the residents of Rhode Island. This event highlights the strong collaboration between the many community organizations, government officials, health partners, and community members who are committed to decreasing diabetes in Rhode Island.

Thanks, in part, to the generous support of our sponsors, the event has grown significantly each year. Due to its growing success, the RIWDD Board of Directors has been able to donate proceeds from the event to several charitable health organizations throughout the state. This year the RIWDD Board of Directors will donate proceeds to a non-profit organization that has demonstrated dedication to the promotion of health and wellness for people living with diabetes and/or the provision of quality medical care to uninsured, underinsured, or homeless individuals to treat and prevent diabetes and its complications.

2020 RHODE ISLAND WORLD DIABETES DAY HAS GONE VIRTUAL! RIWDD.ORG

After careful thought and consideration, the RIWDD Planning Committee has decided to host WDD virtually. A full day of interesting and exciting programs have been put together for Saturday, November 14, 2020.





RHODE ISLAND WORLD DIABETES DAY

SCHEDULE OF VIRTUAL EVENTS:

- 9:00 AM – 9:15 AM - Kickoff: Diabetes and COVID-19 (presented by RIDOH leadership)
- 9:20 AM – 9:50 AM - Addressing Diabetes, COVID-19 and Health Equity Together in RI by Somava Saha, MD, MS
- 9:55 AM – 10:20 AM - Small Change, Big Impact: Healthy Eating for Adults by Kathi Masi, BA, MA; Alexandra Morelli, CCHW, MPA; Sheryl Parente
- 10:25 AM – 10:55 AM - Social Stigma and Type 1 Diabetes: Janice Boucher, M.Ed., RN, CDOE; Emilie Gordon; Gwen McNulty; Sydney Cooper
- 11:00 AM – 12:00 PM - “A Touch of Sugar”: a brief documentary followed by Q&A with Susan Sarro; Kenneth Chen, MD, FRACP; Kathy Shilko, RD, LDN, CDCES, CDOE, CVDOE
- 12:05 PM – 12:25 PM - Think Your Drink by Rachel Oliva, BS
- 12:30 PM – 12:50 PM - Piensa en lo que Toma by Fatima Tobar, BS
- 12:55 PM – 1:25 PM - Celebrity Chef: Healthy Cooking in Spanish by Doreen Colondres in partnership with Novo Nordisk
- 1:30 PM – 2:00 PM - Celebrity Chef: Healthy Cooking in English by Doreen Colondres in partnership with Novo Nordisk
- 2:05 PM – 2:55 PM - Live The “Sweet” Life: Manage Your Diabetes by Fadi Mansourati, MD; Sharon Campbell, RN, CDOE; Jennifer Leavitt, PharmD, CDCES, CDOE, CVDOE; Anna Bertorelli, MBA, RD, LDN, CDCES, CDOE, CVDOE
- 3:00 PM – 3:25 PM - The College Diabetes Network: On Your Own But Not Alone by Anna Floreen Sabino, MSW, CDCES; Serena Fox
- 3:30 PM – 3:55 PM - Gestational Diabetes and the Crystal Ball by Julie Daley, RN, CDCES, CDOE
- 4:00 PM – 4:10 PM - Culmination of the “RIWDD Rhode to Wellness 2020 Challenge” by Jennifer Fine, RD, CDOE; Emily Goodspeed, BS
- 4:10 PM – 4:20 PM - Grace Diaz Blue Light Award Presentation by Representative Grace Diaz
- 4:20 PM – 4:30 PM - Closing Remarks by RIWDD Co-Chairs; Deborah Newell, RPh, CDOE, CVDOE; Randi Belhumeur, MS, RD, LDN, CDOE
- 4:30 PM – 5:00 PM - Inspirational Songs by Lauren King

RHODE TO WELLNESS 2020

Embracing hope, strength, and resilience day by day

Rhode to Wellness 2020 offers easy tips for better health. Daily activity themes include: Healthy Eating, Healthy Mind, Healthy Movement, Healthy Self, and Healthy Conversations. This 8-week challenge will launch on Facebook on September 14, 2020.

GRACE DIAZ BLUE LIGHT AWARD

Each year we recognize an individual or organization that has positively impacted diabetes in the state of Rhode Island by awarding them the Grace Diaz Blue Light Award. The recipient of the award shows exceptional creative thinking, approach, passion, and commitment to supporting healthy living with diabetes. In keeping with the theme of World Diabetes Day 2020 (WDD), “The Nurse and Diabetes,” this year’s Blue Light award will be presented to a Rhode Island nurse.

“ We have diabetes, it gets to come along with us, it doesn’t get to stop us. ”

– CHRIS OLSEN